



## Pump the Brakes | Jan 15 & 19 | Rev Brian Cook

Genesis 2:2-3

And on the seventh day God finished his work that he had done, and he rested on the seventh day from all his work that he had done. So God blessed the seventh day and made it holy, because on it God rested from all his work that he had done in creation.

We are to WORK like Heaven is near and REST like the work is finished.

3 Reasons for Sabbath:

1. To REST
2. To REMEMBER
3. To RESIST

NOTES: \_\_\_\_\_  
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